

Life skills

TRAINING FOR AT-RISK YOUTH

17-24

AREAS OF SERVICE:

Inglewood, Lennox, Hawthorne, Lawndale, El Segundo, Carson, and the West Athens district of Los Angeles (90002, 90043, 90044)

IMPACTING ATTITUDES!

BUILDING STRENGTHS & OVERCOMING BARRIERS

TACKLING THE TOUGH SKILLS

- **ATTITUDE**
- **RESPONSIBILITY**
- **COMMUNICATION**
- **PROBLEM SOLVING**
- **PREPARING FOR THE WORKPLACE**

A TRAINED LIFE SKILLS COACH HELPS PARTICIPANTS:

- Learn how to think effectively
- Discover they are not alone in their challenges and struggles
- Identify and understand their feelings
- Engage in the process of self-awareness
- Learn and use problem solving behaviors
- Develop appropriate goals
- Balance their intellectual, physical and affective needs



Receive \$25 dollar Stipend after you Complete The 30 hr Life Skills Training

FOR MORE INFORMATION:
United Job Creation Council
4112 S. Main Street
Los Angeles, CA. 90037
(323) 432-3976